EMBASSY OF INDIA TEHRAN

COVID-19 ADVISORY FOR INDIAN NATIONALS IN IRAN DATED FEBRUARY 25, 2020

The Embassy of India has been receiving queries from Indians residing in Iran as well as from their relatives in India in connection with the evolving situation of the Corona Virus infections in Iran.

2. In this regard, the Embassy of India is in touch with the local authorities in Iran and all Indians residing in Iran. We are closely monitoring the evolving situation in Iran. All Indian nationals should observe advisories issued by Iranian authorities and World Health Organisation (WHO). All Indian Nationals are requested to observe necessary hygiene sanitation measures, including, wearing masks and avoid going to crowded places and public gatherings. It is important that you remain calm, maintain caution and not fall prey to rumors.

3. In addition, the Embassy has started an emergency contact mail for those who wish to enquire further in this regard : **indiahelplinetehran@gmail.com** and Mobile Number : **+98-9128109115**.

- 4. Following observations may kindly be undertaken with due diligence:
- General Precautions :-
 - Wash your hands frequently and thoroughly with soap and water or an alcohol-based hand sanitizer.
 - Avoid touching your eyes, nose, or mouth with unwashed hands, especially when outdoors.
 - > Wear masks while using public transport and moving around outside.
 - > Disinfect surfaces like doors handles, elevator buttons etc frequently.
 - Refrain from contact with sick people.

• If you feel sick and have fever and cough :-

- > Cover your mouth while coughing or sneezing.
- Don't plan travelling if sick.
- Seek medical attention promptly.
- If you feel sick on a flight, while traveling Inform the airline crew about illness.
- > Avoid close contact with family members or fellow travelers.

5. All are advised to also keep track of Embassy's website for any updates on the evolving situation.
